This track is for those interested in applying to Occupational Therapy programs after completing this degree.

Progression requirements A grade of 'C' or better must be maintained in all advanced coursework.

Admission requirements For admission, students must complete of 60 hours of course work and have junior standing.

Additional Info

AAAY HTAUOA

Departmental Office Location: Edinburg Campus: HPE1 1.110 956-665-3501 **Brownsville Campus: BLHSB 2.730** 956-882-8290

Administrative Assistant Ms. Alma Arteaga 956-665-3501 Alma.arteaga@utrgv.edu

Dr. Zelma D. Mata **Department Chair** Zelma.mata@utrgv.edu

Contact Info

EXERCISE SCIENCE (BS) *Occupational Therapy Option II Catalog: 2017-18

COLLEGE OF HEALTH A



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Pediatric Exercise

Developmental Psychology:

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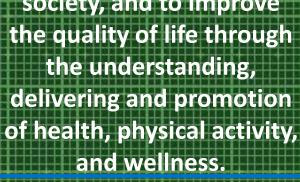
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The Department of Health and Human Performance has a focus on preparing **Exercise Science majors to** function professionally in a changing and diverse society, and to improve

Degree Info

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ACADEMIC PLAN



UTRio Grande Valley

FIRST YEAR

SECOND YEAR

THIRD YE	AR
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	 UTRGV has a Writing Center and a Learning Center. Make it a point to visit them! Complete your core English classes (section 010) during 	nlan for ontions	 Shoot for a GPA of 3.0. Complete 30 credit hours. 	 Shoot for a GPA or "I have a plan for a great! If not, visit
MILESTONES	 your first year. Complete 30 credit hours every year in order to graduate in 4 years. 	Complete 30 credit hours.	 Have you landed an internship or acquired research experience? This is the year to make it happen. 	 Register for your C see degree plan fo Complete at least
	 Shoot for a GPA of 3.0 Take MATH in your first year. See degree plan for options 			 Submit your appli- apprenticeship, or
	orientation folder with you to every session!	Want to explore different careers? Check out Kuder Journey!	 Seek out research opportunities within your major and join a professional organization. 	Engage in an indep internship to com
ADVICE &	Choose a major with confidence- Visit my.UTRGV.edu and check out the Kuder Journey.	 Come ready with course suggestions and questions when you visit your academic advisor. 	 Check DegreeWorks to make sure you are on track for graduation next year. 	 Discuss future plan that includes emp
SUPPORT	Visit a faculty member during their office hours and ask a question about class.	 Visit the Communication Hauser Lab for help with your speeches. 	Apply for internship and/or job shadowing opportunities. Discuss this with your advisor, faculty	 Apply for graduati anticipated date.
	Classes fill up fast. When registration opens, be sure to register on the first day for your group.	Trouble making your tuition payment? The Financial Aid Office can help. Payment plans and exercise the payment plans and payment plans.	mentor, or Career Center.	ensure you are on
	Cold or flu getting you down? We have Student Health Services on campus with free office visits.	emergency loans are also available		
APPLY WHAT	 Look for a service-learning course! For guidance, visit Engaged Scholarship & Learning Office. 	 To find undergraduate research opportunities, visit the Engaged Scholarship & Learning Office. 	Go show off your research, service-learning or creative works at the Engaged Scholar Symposium!	 Continue to prese Engaged Scholar S
YOU LEARN	 Participate in a campus-sponsored community service project. Ask a student in class to study with you. 	 Consider attending the LeaderShape Institute or attend the Engaged Scholar Symposium. 	Sharpen your writing skills! Take an intensive writing course, visit the Writing Center, or become the secretary for your organization.	 Set up an informative (especially an alum work in.
GLOBAL, CAMPUS & COMMUNITY ENGAGEMENT	 My LITRGV edu 	 Look at study abroad opportunities! Check out a cultural campus or community event such as HESTEC or FESTIBA. Join another student organization. Visit VLink for options. Check out a campus event that offers free lunch- 	 Consider serving on a campus life/community committee or become a student leader and make a difference. Visit VLink or speak with your Student Government Association for more information! Travel the world! Look into study abroad opportunities at Office for International Programs & Partnerships. 	 Identify employer: fairs, online, at on agencies, etc. The Before a job interv Career Center or s Hauser Lab.
	for options.	bring a friend!	Check out our department website for postings on	I □ Have you received
LIFE AFTER GRADUATION	 Connection icon: (My.UTRGV.edu). Got summer plans? Visit Career Center and ask about places to do some job shadowing. Research shows that students who work on campus 	have it reviewed.	career/graduate school.Think about three people you can ask for letters of	 an employment of Career Center, and graduation: attend fellowships, etc.
	for a job on the Career Center portal! Check your UTRGV email for the daily Messenger- locate and attend one student workshop.		application? Visiting the program admissions webpage. Most do not accept late applicants!	 Update your infor alumni mixers, evo Center services! Remember to do
	•			studentloans.gov.

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after graduation." If this describes you, your Faculty Advisor or Career Center!

Capstone/senior/portfolio project. Please or options.

t 30 credit hours to graduate.

ication(s) for graduate school, an or for fulltime employment.

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ans with your faculty mentor or advisor ployment, finances, and other life goals.

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ent research or creative works at the Symposium.

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rs of interest and seek them out at job n-campus information sessions, staffing e Career Center can help.

view, schedule a mock interview with the speech coaching with the Communication

d your acceptance for graduate school or offer? If not, network: talk to faculty, the of get on LinkedIn.

plement a strategy for life after ad career fairs, graduate fairs, apply to

rmation with Alumni Relations. Enjoy vents and continued access to Career

your exit loan counseling on

CAREERS

Please note that an undergraduate degree in exercise science with a occupational therapy option qualify you to work as an occupational therapist. After completing your bachelor's degree, you must go on and earn a master's or professional degree in occupational therapy and pass the state licensing exam in order to work as a licensed occupational therapist. The careers listed below are for occupational therapy:

- Screening
- Evaluation
- Treatment:
 - Physical
 - Psychosocial
 - \circ Social
 - Vocational
- Follow-up
- Administration
- Teaching
- Research

For additional info, visit the Career Center website and check out "What Can I Do With This Major?" www.utrgv.edu/careercenter